**Sun Protection Strategy**

**Cardwell State School is committed to the following principles**

**regarding Sun Protection:**

* *Providing effective educational programs on sun sense and preventive measures;*
* *Maximising the use of available shade for outdoor activities;*
* *Providing flexible planning of activities to reduce, as far as practicable, time spent by students in the sun between 10:00 am and 3:00 pm;*
* *Including shade tree planting and caring programs;*
* *Considering sun protection when determining or reviewing school uniform designs;*
* *Requiring the wearing of protective clothing including a broad brim hat or legionairre hat when in the sun during the school day;*
* *Encouraging the use of an SPF 50+ broad spectrum sunscreen on uncovered areas of the skin, such as the face and the back of the hands with application 20 minutes prior to play/sporting activities;*
* *Considering sun protection in relation to parents and citizens association projects and activities; and*
* *Promoting the importance of parents, teachers, ancillary staff and voluntary helpers as role models and ensuring they comply by wearing suitable clothing and broad brimmed hats when supervising students;*

**To help us achieve these principles the following school rule applies:**

* *No hat, No shoes, No collared shirt, No outdoor play: This means that all students must wear a hat, collared shirt and covered shoes if they are going to play in the sun. This rule also applies to Physical education lessons and sporting activities.*

**To help us achieve these principles the following has been implemented at our school:**

* *Shade cloths places over each of the adventure playgrounds;*
* *School start/finish and play times have been adjusted to minimise risk of exposure to the sun;*
* *All classrooms are supplied with SPF 50+ sunscreen which teachers encourage students to use;*
* *All parents, teachers, ancillary staff and volunteers are expected to adhere to the same rules regarding the wearing of protective clothing, hats and shoes, as students.*
* *Sun safe resources have been purchased and can be used as part of Health & Physical education units encompassing sun safety.*
* *Regular messages in newsletters and on parade regarding sun safety.*
* *Permission forms for sporting and cultural excursions include the need for students to bring wide brimmed hats, water bottles and sunscreen.*
* *The Sun Protection Policy will be reviewed bi-annually.*